

## Tokens and Cake Presenter Format

Hi. My name is \_\_\_\_\_ and I'm a \_\_\_\_\_.  
And this is \_\_\_\_\_. We're here to help celebrate  
sobriety and recovery!

Thank you to our Cake Provider, \_\_\_\_\_. Cake will be  
served after the meeting.

Our format is a little different, so please listen carefully: For  
those of you who are celebrating lengths of sobriety **Less  
Than One Year**, when we call your name, please come  
forward, collect your chip, re-state your name and your  
disease, and then return to your seat.

- *Call names and sobriety lengths less than one year. These celebrants say nothing other than their name and disease.*

We'll now celebrate **YEARS** or sobriety. When we call you,  
please gather with us and each other on the stage. When  
everyone is together, we will sing Happy Birthday to you as  
a group. Once we have done that, we will ask you to go to  
the stage, one by one, to share. Please be sure to keep it  
under 2 minutes.

- *Start calling names. Whoever is NOT calling names, hand the chip to the recipient.*
- *When everyone has gathered, sing Happy Birthday, with at least one lit candle on the cake.*
- *Help the celebrants get into line so that they can go up on stage, one by one, in increasing age, being sure that it is only THEM that goes up there.*
- *We do NOT have presenters at this meeting.*