



BIG BOOK AWAKENING WORKSHOP

CAME TO BELIEVE *STEP 2*

WE AGNOSTICS (part 1)

Step 2: Came to believe that a power greater than myself can restore me to sanity

(PAGES 44 - 51)

THE CORNERSTONE: Came to believe that a Power greater than myself can restore me to sanity

I have to get to the place, not where I see that step 1 is acceptable, but where it is unacceptable. Have I admitted that I am the real alcoholic and the only solution for me is spiritual help? I have to be able to see the hopelessness in step 1, before I truly believe the only hope for me is from a Power greater than myself.

I can't go for this unless I've seen Insanity, powerlessness and hopelessness. I have to have had a gut-level experience with step one to see that I have no other alternatives but to accept spiritual help.

In the beginning of We Agnostics it asks us if we have learned anything about alcoholism.

Did I give the God idea a fair hearing or was I basing my "opinions" of God based on what I had heard and seen people say and do?

Did I ever do my own research on God???

What is Agnosticism? A belief in 'something' out there, but no relationship

What is Atheism? No belief in any god

Every Capital is a name for a Power Greater than myself. How do I feel about the terms described in the book about God?

(middle pg 49) Am I a spearhead of God pointing people in the direction of a relationship with Him?

DOUBTS AND PREJUDICES:

What is prejudice? (Webster dictionary): "An unfavorable opinion or feeling formed beforehand or without knowledge, thought or reason".

What are the things that are holding me back?

Am I judging the forest by a few bad trees?

- **Pronouncing someone guilty before weighing the evidence. Gain the evidence before passing judgment on specific belief systems.**

SET ASIDE PRAYER

Some people that have been in AA for awhile need to unlearn some things. Some people come into this program thinking that the "program" will keep them sober and they lay "God" aside. This prayer is not asking me to forget what I knew, but lay aside what I think I know. Even to lay aside what I think I know about God...for an open-mind and a new beginning with God.

(Top of page 51) Read the top paragraph

Is consciousness of the presence of God, "today" (5 years sober, 10 years sober) the most important fact of your life?

Or has that taken a back seat and you're running the show?

What is the difference between consciousness, belief and faith?